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**Lamson et al.**

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(54) **DEFORMING ANCHOR DEVICE**

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(58) **Field of Classification Search**

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See application file for complete search history.

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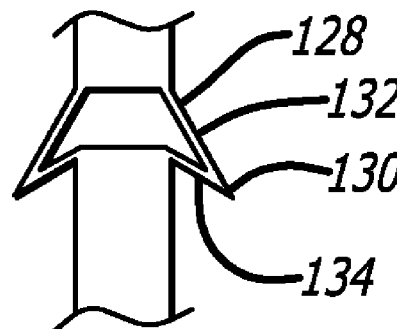
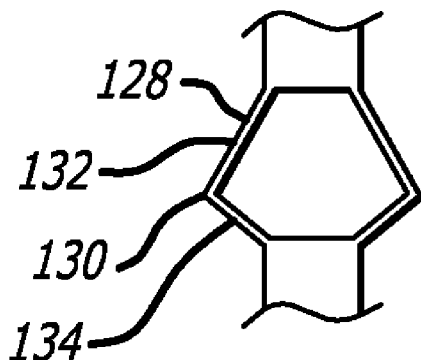
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(57) **ABSTRACT**

An anchor that secures to a connector as part of an anchor assembly is disclosed. The proximal anchor includes deformable structure for engaging a connector.

**16 Claims, 13 Drawing Sheets**



**Related U.S. Application Data**

application No. 11/671,914, filed on Feb. 6, 2007, now Pat. No. 8,157,815, and a continuation-in-part of application No. 11/492,690, filed on Jul. 24, 2006, now Pat. No. 7,896,891, and a continuation-in-part of application No. 11/833,660, filed on Aug. 3, 2007, now Pat. No. 8,940,001, which is a continuation of application No. 11/318,246, filed on Dec. 22, 2005, now Pat. No. 7,645,286, said application No. 12/852,748 is a continuation-in-part of application No. 11/838,036, filed on Aug. 13, 2007, now Pat. No. 7,914,542, which is a continuation of application No. 11/134,870, filed on May 20, 2005, now Pat. No. 7,758,594.

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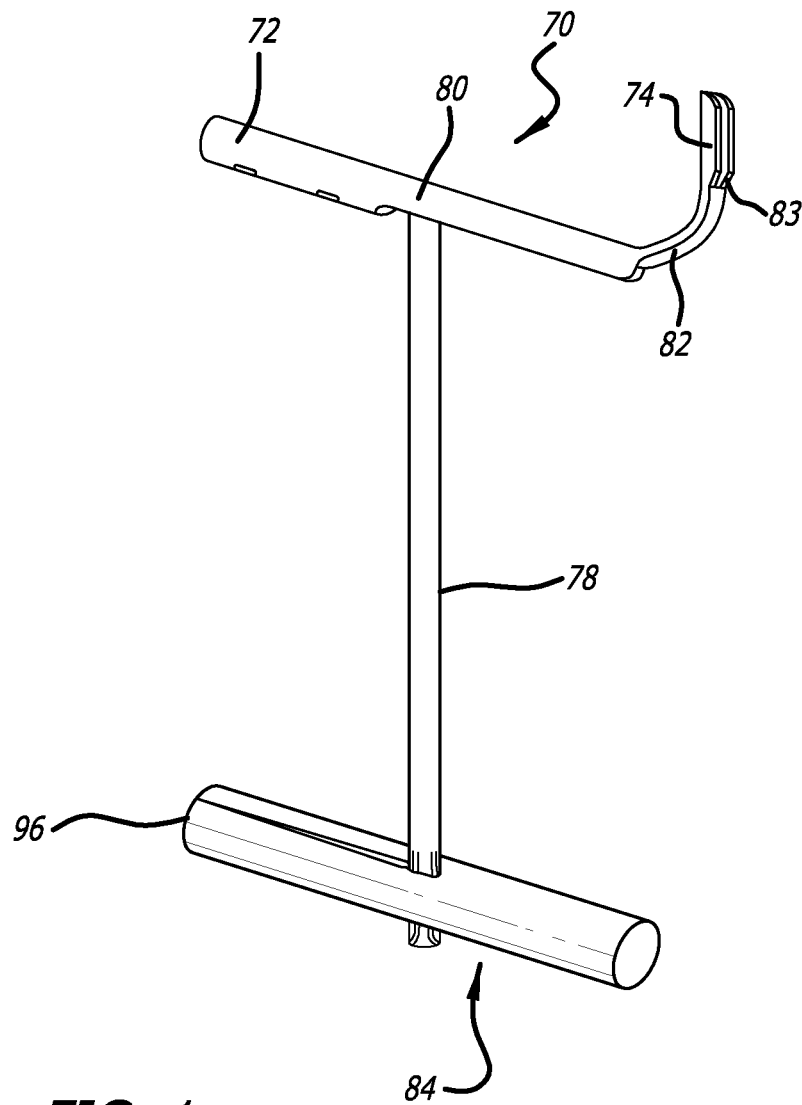


FIG. 1

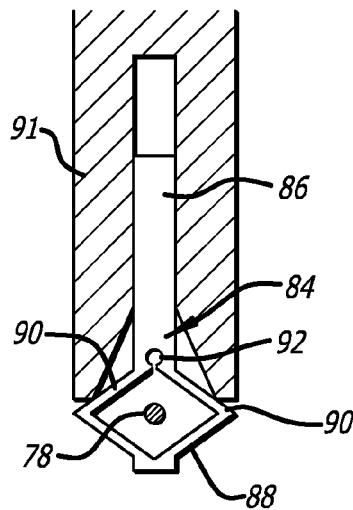


FIG. 2A

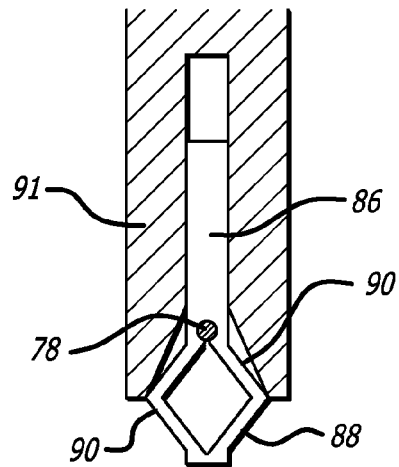


FIG. 2B

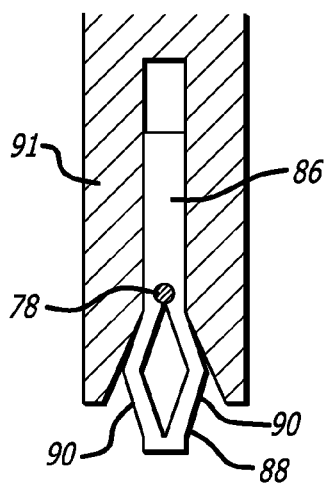


FIG. 2C

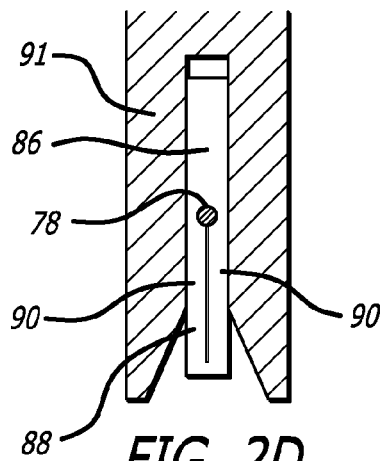


FIG. 2D

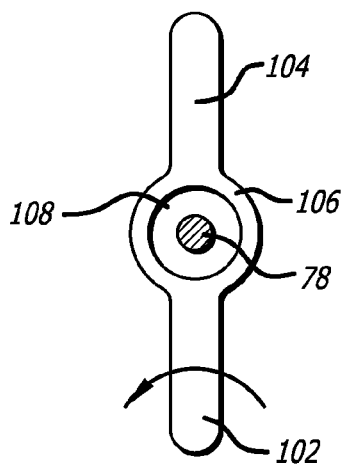


FIG. 3A

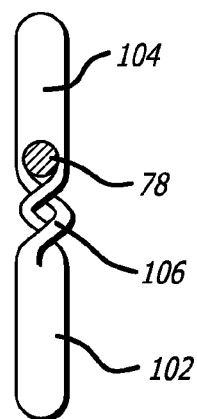


FIG. 3B

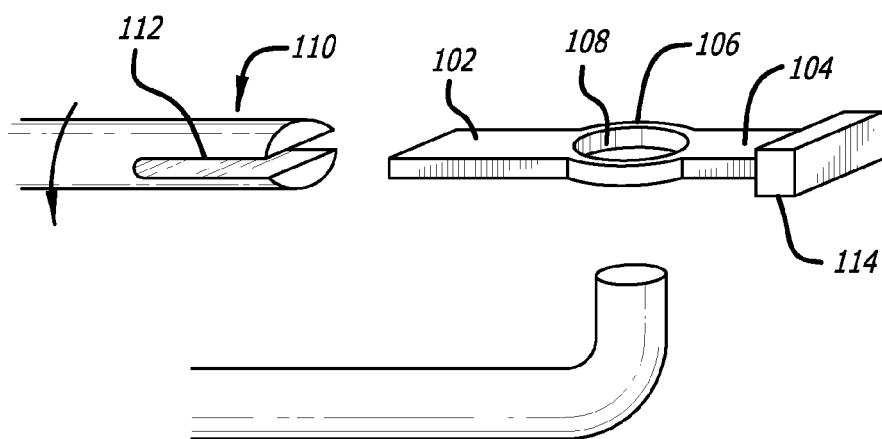
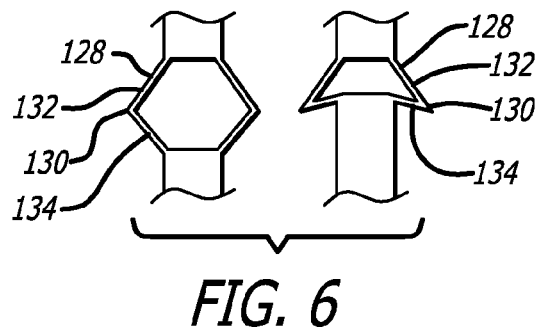
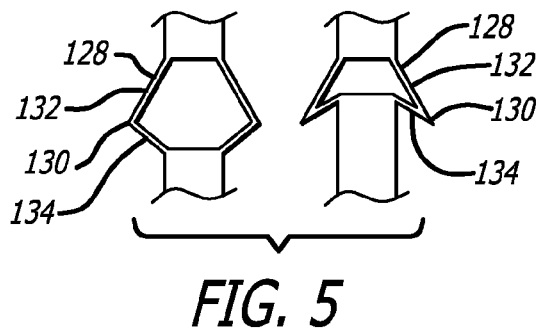
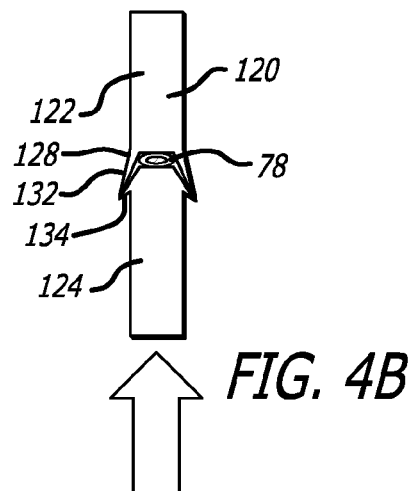
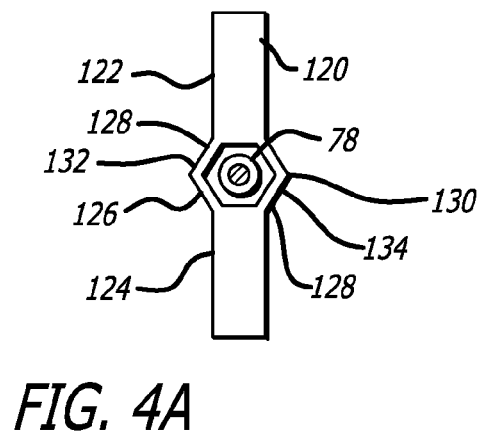
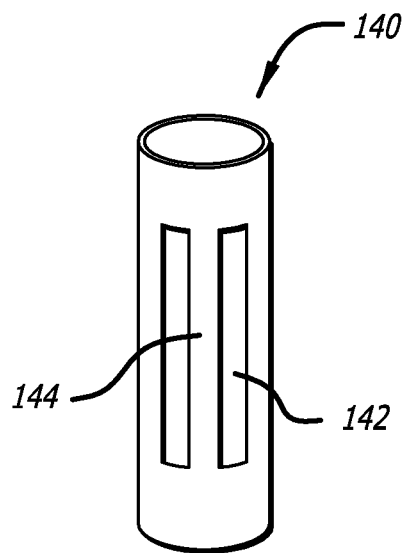


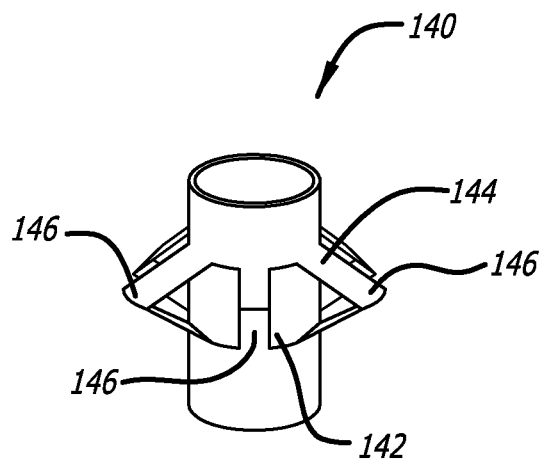
FIG. 3C



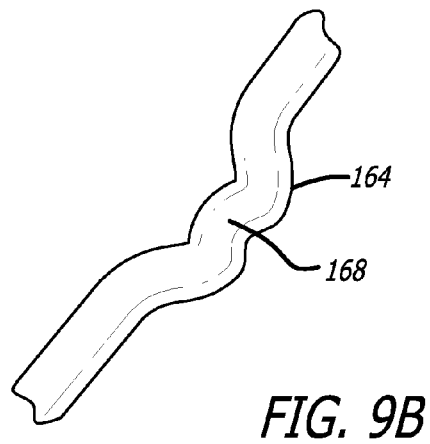
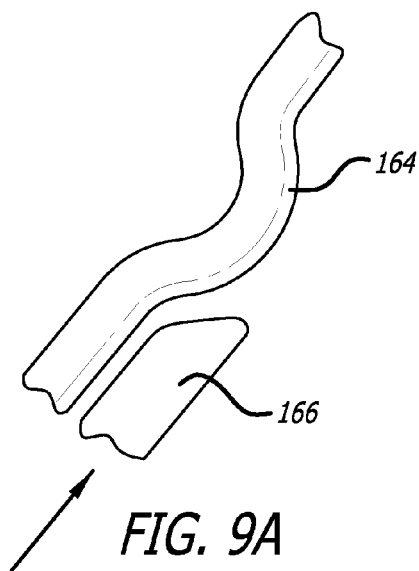
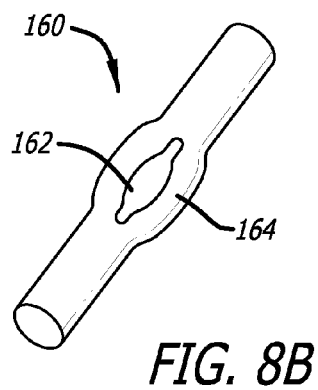
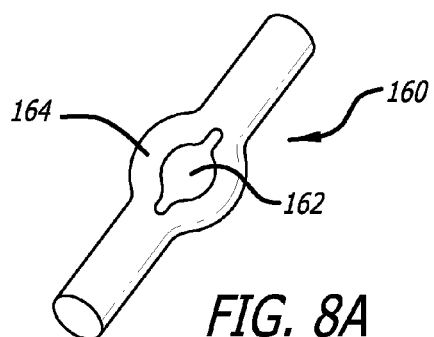


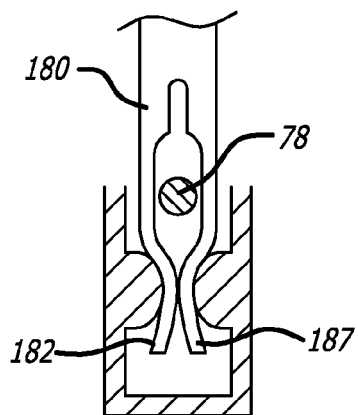
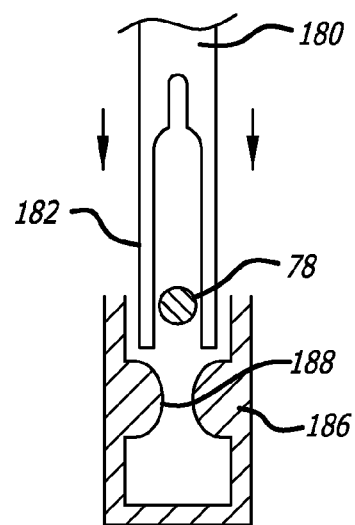
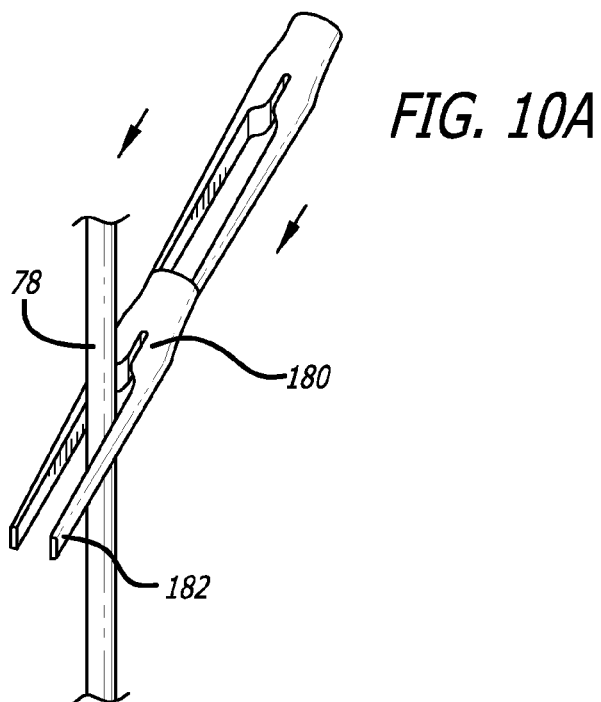


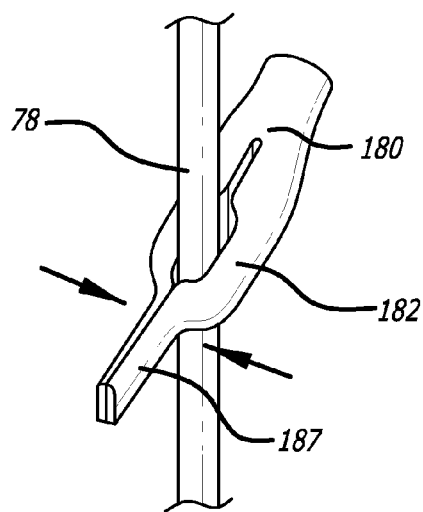
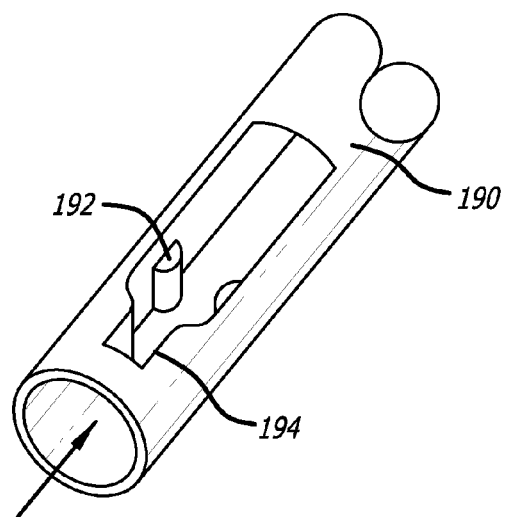
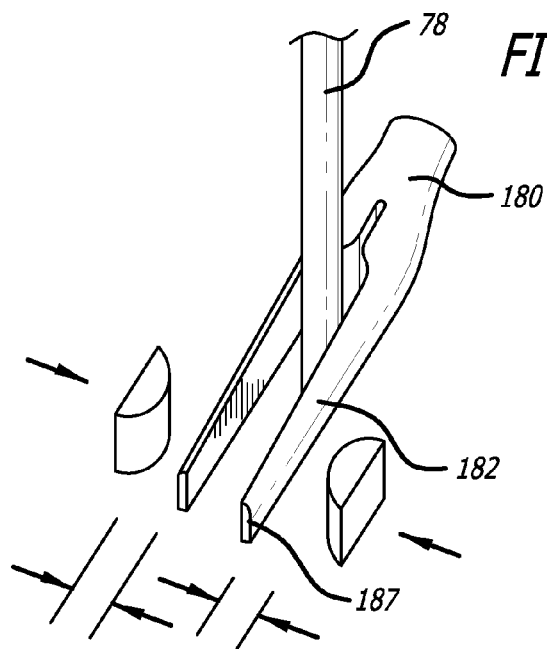
**FIG. 7A**

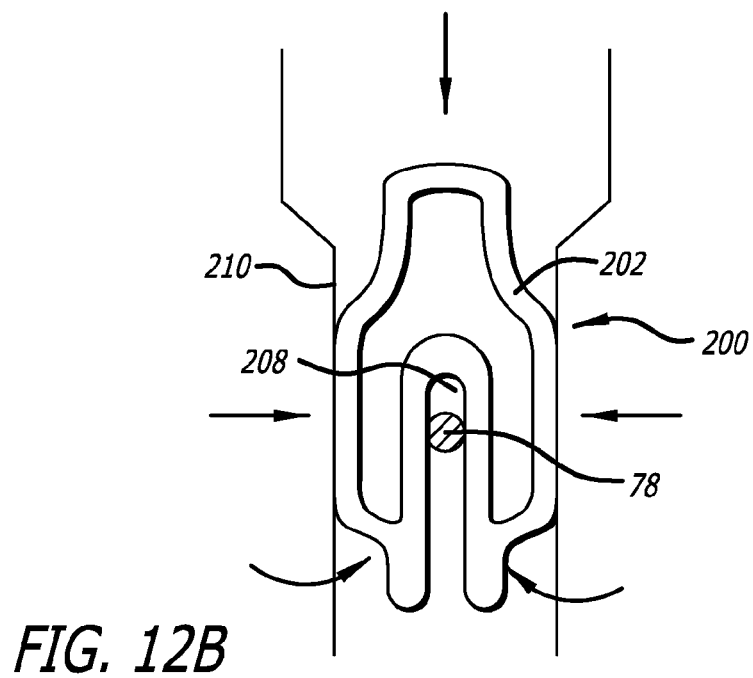
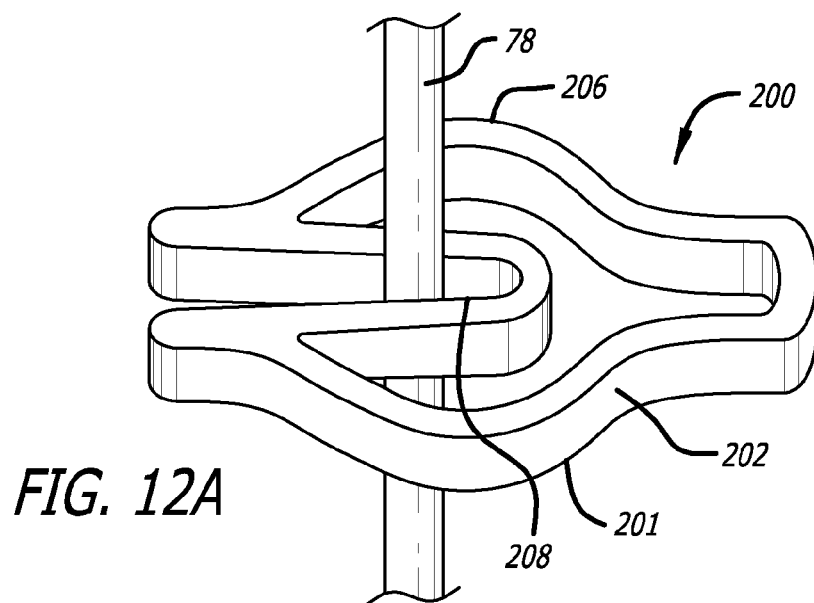


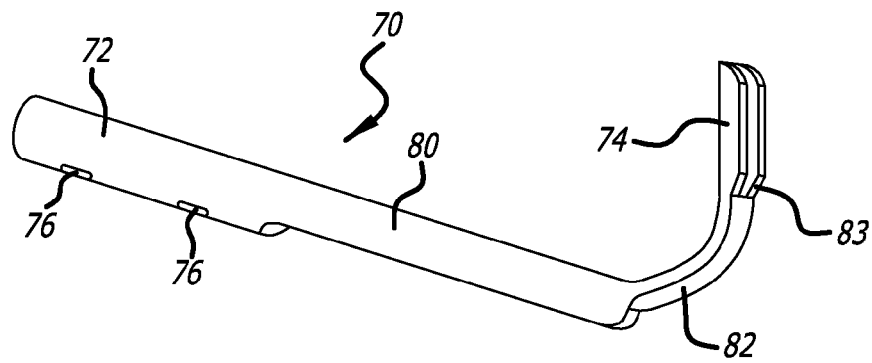
**FIG. 7B**



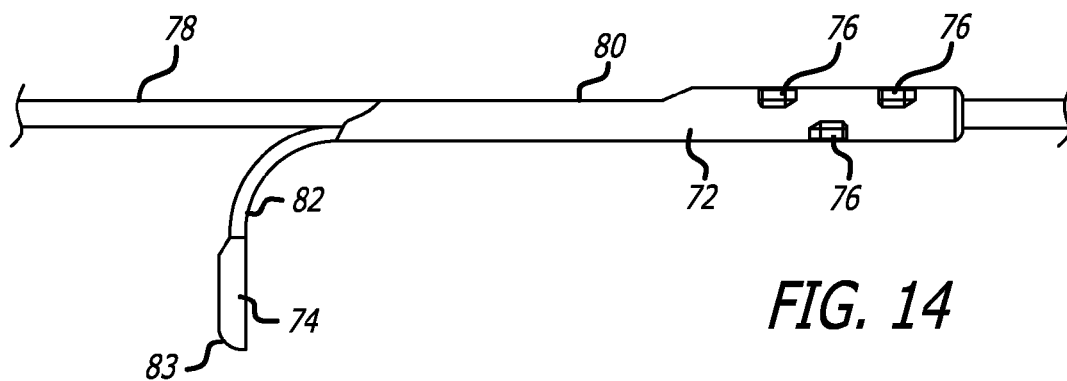






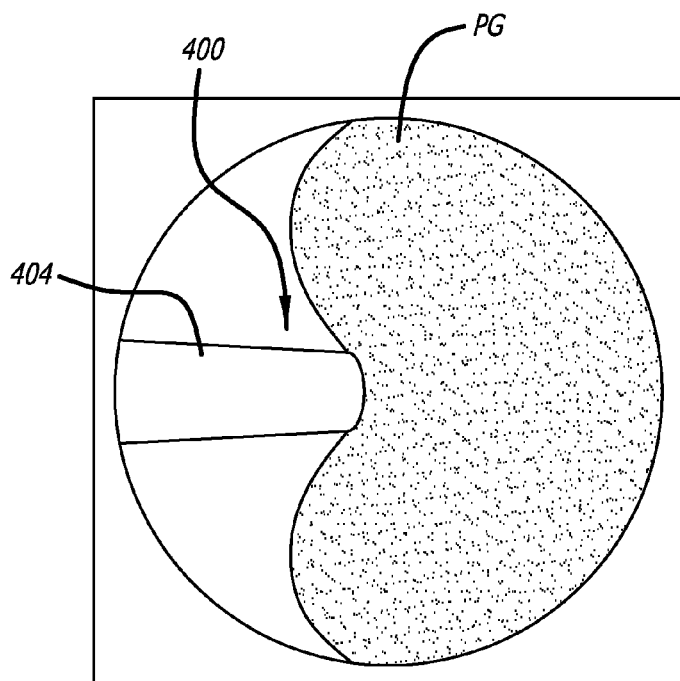
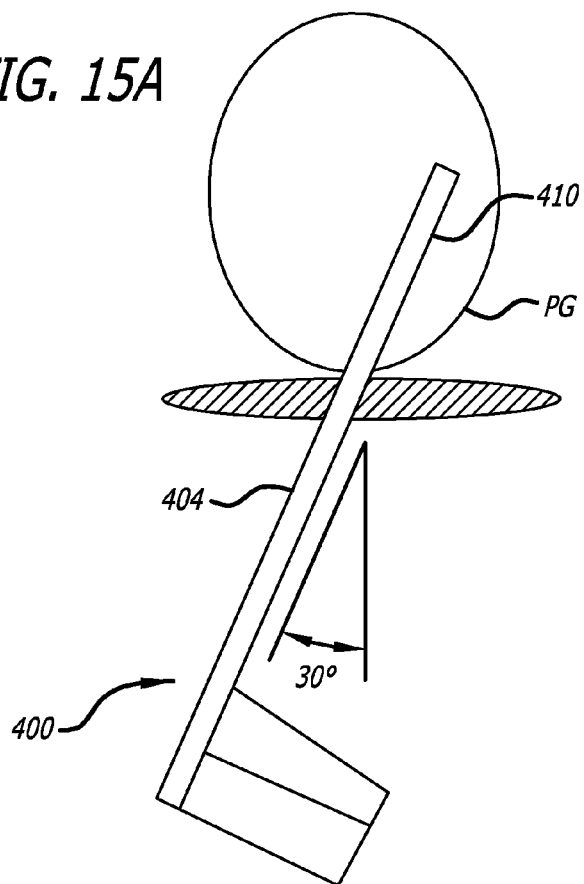


**FIG. 13**

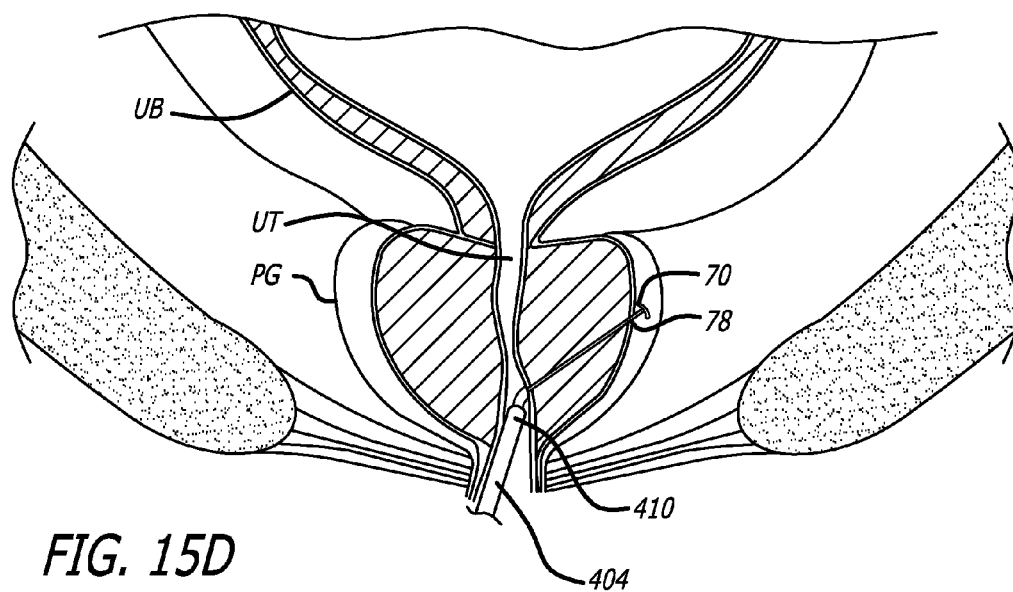
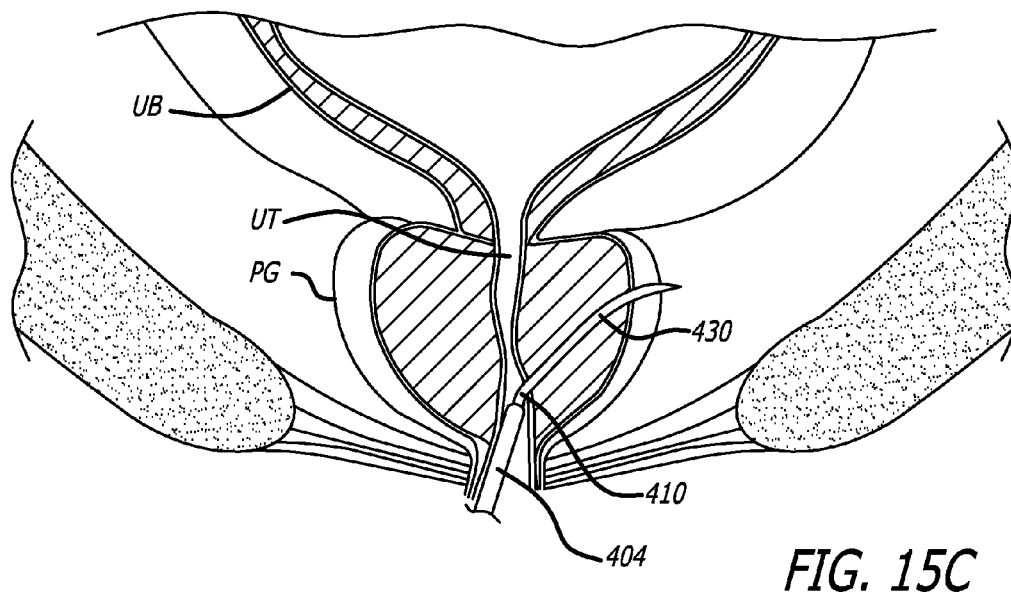


**FIG. 14**

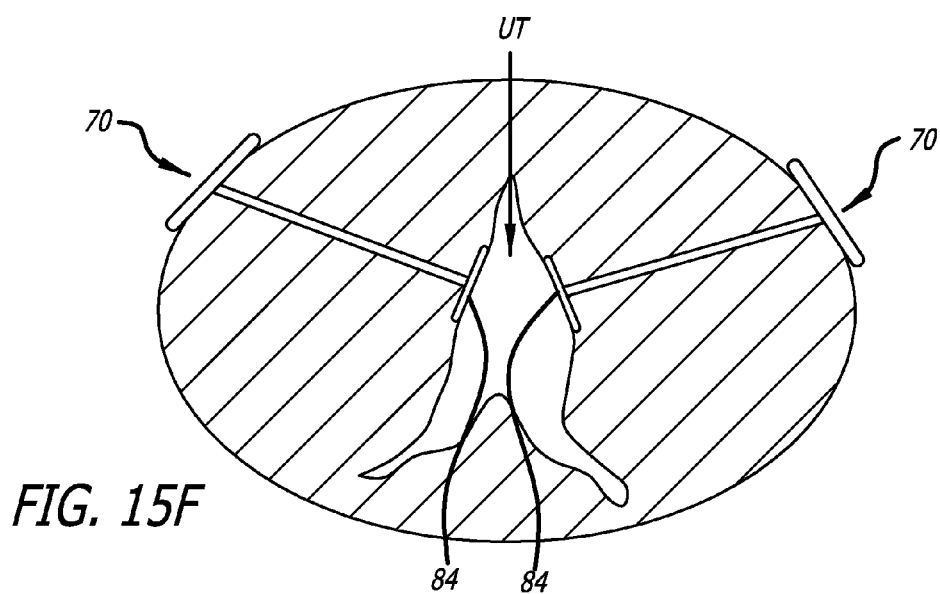
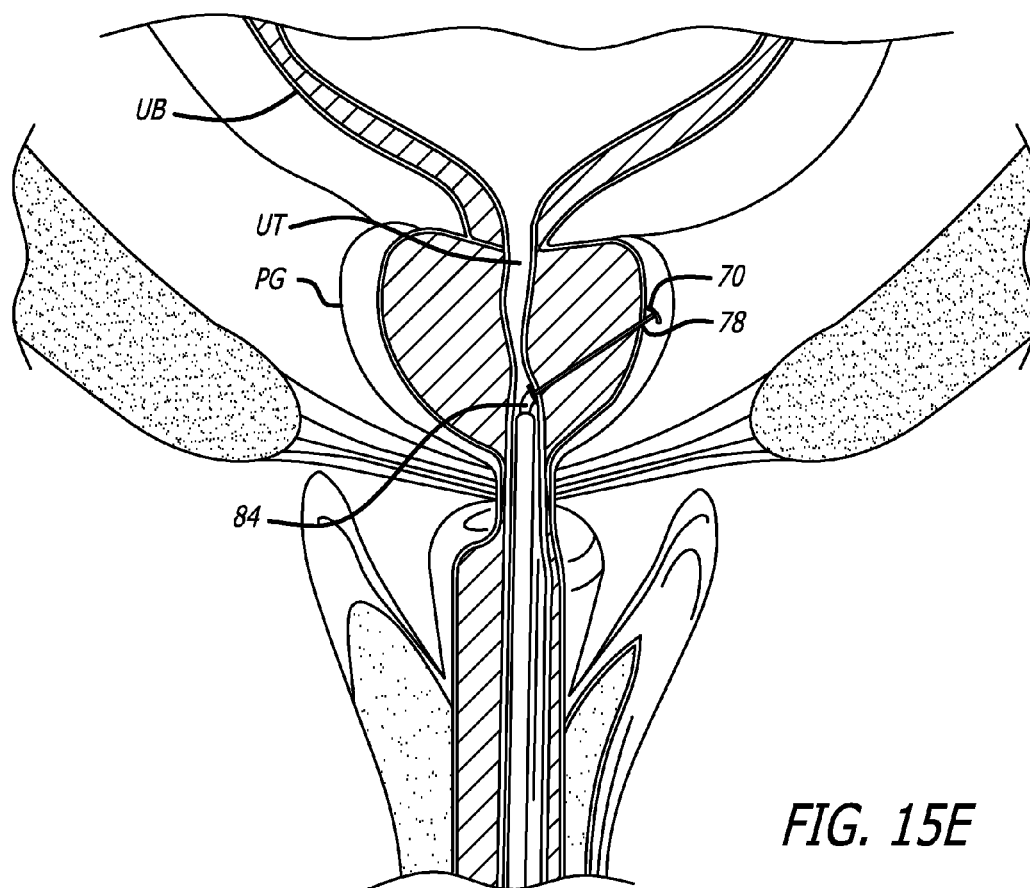
*FIG. 15A*



*FIG. 15B*







**DEFORMING ANCHOR DEVICE**

This application is a continuation-in-part of: 1) U.S. patent application Ser. No. 12/852,243, filed Aug. 6, 2010; 2) U.S. patent application Ser. No. 12/512,674, filed Jul. 30, 2009 which claims the benefit of Provisional Application Ser. No. 61/084,937; 3) U.S. patent application Ser. No. 11/775,162, filed Jul. 9, 2007; 4) U.S. patent application Ser. No. 11/671,914, filed Feb. 6, 2007; 5) U.S. patent application Ser. No. 11/492,690, filed on Jul. 24, 2006; 6) U.S. patent application Ser. No. 11/833,660, filed on Aug. 3, 2007, which is a continuation of U.S. patent application Ser. No. 11/318,246, filed on Dec. 20, 2005; and 7) U.S. patent application Ser. No. 11/838,036 filed on Aug. 13, 2007, which is a continuation of U.S. patent application Ser. No. 11/134,870 filed on May 20, 2005; the entire disclosures of each of which are expressly incorporated herein by reference.

**FIELD OF THE INVENTION**

The disclosed embodiments relate generally to medical devices and methods, and more particularly to systems and associated methods for manipulating or retracting tissues and anatomical or other structures within the body of human or animal subjects for the purpose of treating diseases or disorders.

**BACKGROUND**

There are a wide variety of situations in which it is desirable to lift, compress or otherwise reposition normal or aberrant tissues or anatomical structures (e.g., glands, organs, ligaments, tendons, muscles, tumors, cysts, fat pads, and the like) within the body of a human or animal subject. Such procedures are often carried out for the purpose of treating or palliating the effects of diseases or disorders (e.g., hyperplastic conditions, hypertrophic conditions, neoplasias, prolapses, herniations, stenoses, constrictions, compressions, transpositions, congenital malformations, and the like) and/or for cosmetic purposes (e.g., face lifts, breast lifts, brow lifts, and the like) and/or for research and development purposes (e.g., to create animal models that mimic various pathological conditions). In many of these procedures, surgical incisions are made in the body, and laborious surgical dissection is performed to access and expose the affected tissues or anatomical structures. Thereafter, in some cases, the affected tissues or anatomical structures are removed or excised. In other cases, various natural or man-made materials are used to lift, sling, reposition or compress the affected tissues.

**Benign Prostatic Hyperplasia (BPH):**

One example of a condition where it is desirable to lift, compress or otherwise remove a pathologically enlarged tissue is Benign Prostatic Hyperplasia (BPH). BPH is one of the most common medical conditions that affects men, especially elderly men. It has been reported that, in the United States, more than half of all men have histopathologic evidence of BPH by age 60 and, by age 85, approximately 9 out of 10 men suffer from the condition. Moreover, the incidence and prevalence of BPH is expected to increase as the average age of the population increases in developed countries.

The prostate gland enlarges throughout a man's life. In some men, the prostatic capsule around the prostate gland may prevent the prostate gland from enlarging further. This causes the inner region of the prostate gland to squeeze the urethra. This pressure on the urethra increases resistance to urine flow through the region of the urethra enclosed by the prostate. Thus, the urinary bladder has to exert more pressure

to force urine through the increased resistance of the urethra. Chronic over-exertion causes the muscular walls of the urinary bladder to remodel and become stiffer. This combination of increased urethral resistance to urine flow and stiffness and hypertrophy of urinary bladder walls leads to a variety of lower urinary tract symptoms (LUTS) that may severely reduce the patient's quality of life. These symptoms include weak or intermittent urine flow while urinating, straining when urinating, hesitation before urine flow starts, feeling that the bladder has not emptied completely even after urination, dribbling at the end of urination or leakage afterward, increased frequency of urination particularly at night, urgent need to urinate, and the like.

In addition to patients with BPH, LUTS may also be present in patients with prostate cancer, prostate infections, and chronic use of certain medications (e.g. ephedrine, pseudoephedrine, phenylpropanolamine, antihistamines such as diphenhydramine, chlorpheniramine, and the like) that cause urinary retention especially in men with prostate enlargement.

Although BPH is rarely life threatening, it can lead to numerous clinical conditions including urinary retention, renal insufficiency, recurrent urinary tract infection, incontinence, hematuria, and bladder stones.

In developed countries, a large percentage of the patient population undergoes treatment for BPH symptoms. It has been estimated that by the age of 80 years, approximately 25% of the male population of the United States will have undergone some form of BPH treatment. At present, the available treatment options for BPH include watchful waiting, medications (phytotherapy and prescription medications), surgery and minimally invasive procedures.

For patients who choose the watchful waiting option, no immediate treatment is provided to the patient, but the patient undergoes regular exams to monitor progression of the disease. This is usually done on patients that have minimal symptoms that are not especially bothersome.

Medications for treating BPH symptoms include phytotherapy and prescription medications. In phytotherapy, plant products such as Saw Palmetto, African Pygeum, Serenoa Repens (sago palm) and South African star grass are administered to the patient. Prescription medications are prescribed as first line therapy in patients with symptoms that are interfering with their daily activities. Two main classes of prescription medications are alpha-1 a-adrenergic receptors blockers and 5-alpha-reductase inhibitors. Alpha-1 a-adrenergic receptors blockers block the activity of alpha-1 a-adrenergic receptors that are responsible for causing constriction of smooth muscle cells in the prostate. Thus, blocking the activity of alpha-1 a-adrenergic receptors causes prostatic smooth muscle relaxation. This, in turn, reduces urethral resistance thereby reducing the severity of the symptoms. 5-alpha-reductase inhibitors block the conversion of testosterone to di-hydro-testosterone. Di-hydro-testosterone causes growth of epithelial cells in the prostate gland. Thus, 5-alpha-reductase inhibitors cause regression of epithelial cells in the prostate gland and, hence, reduce the volume of the prostate gland, which in turn reduces the severity of the symptoms.

Surgical procedures for treating BPH symptoms include Transurethral Resection of Prostate (TURP), Transurethral Electrovaporization of Prostate (TVP), Transurethral Incision of the Prostate (TUIP), Laser Prostatectomy and Open Prostatectomy.

Transurethral Resection of Prostate (TURP) is the most commonly practiced surgical procedure implemented for the treatment of BPH. In this procedure, prostatic urethral

obstruction is reduced by removing most of the prostatic urethra and a sizeable volume of the surrounding prostate gland. This is carried out under general or spinal anesthesia. In this procedure, a urologist visualizes the urethra by inserting a resectoscope, that houses an optical lens in communication with a video camera, into the urethra such that the distal region of the resectoscope is in the region of the urethra surrounded by the prostate gland. The distal region of the resectoscope consists of an electric cutting loop that can cut prostatic tissue when an electric current is applied to the device. An electric return pad is placed on the patient to close the cutting circuit. The electric cutting loop is used to scrape away tissue from the inside of the prostate gland. The tissue that is scraped away is flushed out of the urinary system using an irrigation fluid. Using a coagulation energy setting, the loop is also used to cauterize transected vessels during the operation.

Another example of a surgical procedure for treating BPH symptoms is Transurethral Electrovaporization of the Prostate (TVP). In this procedure, a part of prostatic tissue squeezing the urethra is desiccated or vaporized. This is carried out under general or spinal anesthesia. In this procedure, a resectoscope is inserted transurethrally such that the distal region of the resectoscope is in the region of the urethra surrounded by the prostate gland. The distal region of the resectoscope consists of a rollerball or a grooved roller electrode. A controlled amount of electric current is passed through the electrode. The surrounding tissue is rapidly heated up and vaporized to create a vaporized space. Thus, the region of the urethra that is blocked by the surrounding prostate gland is opened up.

Another example of a surgical procedure for treating BPH symptoms is Transurethral Incision of the Prostate (TUIP). In this procedure, the resistance to urine flow is reduced by making one or more incisions in the prostate gland in the region where the urethra meets the urinary bladder. This procedure is performed under general or spinal anesthesia. In this procedure, one or more incisions are made in the muscle of the bladder neck, which is the region where the urethra meets the urinary bladder. The incisions are in most cases deep enough to cut the surrounding prostate gland tissue including the prostatic capsule. This releases any compression on the bladder neck and causes the bladder neck to spring apart. The incisions can be made using a resectoscope, laser beam, and the like.

Another example of a surgical procedure for treating BPH symptoms is Laser Prostatectomy. Two common techniques used for Laser Prostatectomy are Visual Laser Ablation of the Prostate (VLAP) and the Holmium Laser Resection/Enucleation of the Prostate (HoLEP). In VLAP, a neodymium: Yttrium-aluminum-garnet (NdYAG) laser is used to ablate tissue by causing coagulation necrosis. The procedure is performed under visual guidance. In HoLEP, a holmium: Yttrium-aluminum-garnet laser is used for direct contact ablation of tissue. Both these techniques are used to remove tissue obstructing the urethral passage to reduce the severity of BPH symptoms.

Another example of a surgical procedure for treating BPH symptoms is Photoselective Vaporization of the Prostate (PVP). In this procedure, laser energy is used to vaporize prostatic tissue to relieve obstruction to urine flow in the urethra. The type of laser used is the Potassium-Titanyl-Phosphate (KTP) laser. The wavelength of this laser is highly absorbed by oxyhemoglobin. This laser vaporizes cellular water and, hence, is used to remove tissue that is obstructing the urethra.

Another example of a surgical procedure for treating BPH symptoms is Open Prostatectomy. In this procedure, the prostate gland is surgically removed by an open surgery. This is done under general anesthesia. The prostate gland is removed through an incision in the lower abdomen or the perineum. The procedure is used mostly in patients that have a large (greater than approximately 100 grams) prostate gland.

Minimally invasive procedures for treating BPH symptoms include Transurethral Microwave Thermotherapy (TUMT), Transurethral Needle Ablation (TUNA), Interstitial Laser Coagulation (ILC), and Prostatic Stents.

In Transurethral Microwave Thermotherapy (TUMT), microwave energy is used to generate heat that destroys hyperplastic prostate tissue. This procedure is performed under local anesthesia. In this procedure, a microwave antenna is inserted in the urethra. A rectal thermosensing unit is inserted into the rectum to measure rectal temperature. Rectal temperature measurements are used to prevent overheating of the anatomical region. The microwave antenna is then used to deliver microwaves to lateral lobes of the prostate gland. The microwaves are absorbed as they pass through prostate tissue. This generates heat which in turn destroys the prostate tissue. The destruction of prostate tissue reduces the degree of squeezing of the urethra by the prostate gland, thus, reducing the severity of BPH symptoms.

Another example of a minimally invasive procedure for treating BPH symptoms is Transurethral Needle Ablation (TUNA). In this procedure, heat-induced coagulation necrosis of prostate tissue regions causes the prostate gland to shrink. It is performed using local anesthetic and intravenous or oral sedation. In this procedure, a delivery catheter is inserted into the urethra. The delivery catheter comprises two radiofrequency needles that emerge at an angle of 90 degrees from the delivery catheter. The two radiofrequency needles are aligned at an angle of 40 degrees to each other so that they penetrate the lateral lobes of the prostate. A radiofrequency current is delivered through the radiofrequency needles to heat the tissue of the lateral lobes to 70-100 degree Celsius at a radiofrequency power of approximately 456 KHz for approximately 4 minutes per lesion. This creates coagulation defects in the lateral lobes. The coagulation defects cause shrinkage of prostatic tissue which in turn reduces the degree of squeezing of the urethra by the prostate gland thus reducing the severity of BPH symptoms.

Another example of a minimally invasive procedure for treating BPH symptoms is Interstitial Laser Coagulation (ILC). In this procedure, laser-induced necrosis of prostate tissue regions causes the prostate gland to shrink. It is performed using regional anesthesia, spinal or epidural anesthesia or local anesthesia (periprostatic block). In this procedure, a cystoscope sheath is inserted into the urethra, and the region of the urethra surrounded by the prostate gland is inspected. A laser fiber is inserted into the urethra. The laser fiber has a sharp distal tip to facilitate the penetration of the laser scope into prostatic tissue. The distal tip of the laser fiber has a distal-diffusing region that distributes laser energy 360° along the terminal 3 mm of the laser fiber. The distal tip is inserted into the middle lobe of the prostate gland, and laser energy is delivered through the distal tip for a desired time. This heats the middle lobe and causes laser-induced necrosis of the tissue around the distal tip. Thereafter, the distal tip is withdrawn from the middle lobe. The same procedure of inserting the distal tip into a lobe and delivering laser energy is repeated with the lateral lobes. This causes tissue necrosis in several regions of the prostate gland which, in turn, causes the prostate gland to shrink. Shrinkage of the prostate gland

reduces the degree of squeezing of the urethra by the prostate, thus, reducing the severity of BPH symptoms.

Another example of a minimally invasive procedure for treating BPH symptoms is implanting Prostatic Stents. In this procedure, the region of urethra surrounded by the prostate is mechanically supported to reduce the constriction caused by an enlarged prostate. Prostatic stents are flexible devices that are expanded after their insertion in the urethra. They mechanically support the urethra by pushing the obstructing prostatic tissue away from the urethra. This reduces the constriction of the urethra and improves urine flow past the prostate gland thereby reducing the severity of BPH symptoms.

Although existing treatments provide some relief to the patient from symptoms of BPH, they have disadvantages. Alpha-1 a-adrenergic receptors blockers have side effects such as dizziness, postural hypotension, lightheadedness, asthenia and nasal stuffiness. Retrograde ejaculation can also occur. 5-alpha-reductase inhibitors have minimal side effects, but only have a modest effect on BPH symptoms and the flow rate of urine. In addition, anti-androgens, such as 5-alpha-reductase, require months of therapy before LUTS improvements are observed. Surgical treatments of BPH carry a risk of complications including erectile dysfunction; retrograde ejaculation; urinary incontinence; complications related to anesthesia; damage to the penis or urethra; need for a repeat surgery; and the like. Even TURP, which is the gold standard in treatment of BPH, carries a high risk of complications. Adverse events associated with this procedure are reported to include retrograde ejaculation (65% of patients), post-operative irritation (15%), erectile dysfunction (10%), need for transfusion (8%), bladder neck constriction (7%), infection (6%), significant hematuria (6%), acute urinary retention (5%), need for secondary procedure (5%), and incontinence (3%). Typical recovery from TURP involves several days of inpatient hospital treatment with an indwelling urethral catheter, followed by several weeks in which obstructive symptoms are relieved, but there is pain or discomfort during micturition.

The reduction in the symptom score after minimally invasive procedures is not as large as the reduction in symptom score after TURP. Up to 25% of patients who receive these minimally invasive procedures ultimately undergo a TURP within 2 years. The improvement in the symptom score generally does not occur immediately after the procedure. For example, it takes an average of one month for a patient to notice improvement in symptoms after TUMT and 1.5 months to notice improvement after ILC. In fact, symptoms are typically worse for these therapies that heat or cook tissue, because of the swelling and necrosis that occurs in the initial weeks following the procedures. Prostatic stents often offer more immediate relief from obstruction but are now rarely used because of high adverse effect rates. Stents have the risk of migration from the original implant site (up to 12.5% of patients), encrustation (up to 27.5%), incontinence (up to 3%), and recurrent pain and discomfort. In published studies, these adverse effects necessitated 8% to 47% of stents to be explanted. Overgrowth of tissue through the stent and complex stent geometries has made their removal quite difficult and invasive.

Thus, the most effective current methods of treating BPH carry a high risk of adverse effects. These methods and devices either require general or spinal anesthesia or have potential adverse effects that dictate that the procedures be performed in a surgical operating room, followed by a hospital stay for the patient. The methods of treating BPH that carry a lower risk of adverse effects are also associated with a lower reduction in the symptom score. While several of these

procedures can be conducted with local analgesia in an office setting, the patient does not experience immediate relief and, in fact, often experiences worse symptoms for weeks after the procedure until the body begins to heal. Additionally, all device approaches require a urethral catheter placed in the bladder, and in some cases for weeks. In some cases, catheterization is indicated because the therapy actually causes obstruction during a period of time post operatively, and in other cases it is indicated because of post-operative bleeding and potentially occlusive clot formation. While drug therapies are easy to administer, the results are suboptimal, take significant time to take effect, and often entail undesired side effects.

Cosmetic or Reconstructive Tissue Lifting and Repositioning:

Many cosmetic or reconstructive surgical procedures involve lifting, compressing or repositioning of natural tissue, natural tissue or artificial grafts, or aberrant tissue. For example, surgical procedures such as face lifts, brow lifts, neck lifts, tummy tucks, and the like, have become commonplace. In many cases, these procedures are performed by creating incisions through the skin, dissecting to a plane beneath muscles and fascia, freeing the muscles, fascia and overlying skin from underlying structures (e.g., bone or other muscles), lifting or repositioning the freed muscles, fascia and overlying skin, and then attaching the repositioned tissues to underlying or nearby structures (e.g., bone, periosteum, or other muscles) to hold the repositioned tissues in their new (e.g., lifted) position. In some cases, excess skin may also be removed during the procedure.

There have been attempts to develop minimally invasive devices and methods for cosmetic lifting and repositioning of tissues. For example, connector suspension lifts have been developed where one end of a standard or modified connector thread is attached to muscle and the other end is anchored to bone, periosteum or another structure to lift and reposition the tissues as desired. Some of these connector suspension techniques have been performed through cannulas or needles inserted through relatively small incisions of puncture wounds.

There remains a need for the development of a suture lock or a suture anchor for use in various contemplated applications. In particular, there is a need for an anchor which can be deformed to lockingly engage suture once access to an interventional site is achieved. The disclosed embodiments address these and other needs.

## SUMMARY

Briefly and in general terms, the disclosed embodiments are directed towards an anchor assembly for use within a patient's body. In one embodiment, an anchor secures to a connector in the form of a suture. The structures can further form an assembly including a distal anchor connected to a proximal anchor.

In various approaches, the anchor can include a solid generally cylindrical or alternatively a tubular back end. The anchor can also include a pair of spaced members which are configured to capture and deform the suture there between and prevent the suture from disengaging from the anchor device once engaged. Alternatively, portions of a tubular anchor body are deformable about the suture. The mechanism of suture attachment and strength of the assembly is a combination of compression of the suture between deformable structure of the anchor as well as disruption of the suture surface by the anchor. The deformable structure provides

surface contact and focuses the compressive forces that cause the suture to conform about the anchor.

In one specific approach, the anchor includes legs which are deformed about a connector. In one approach, the legs assume a first open configuration and are deformed to define a closed configuration. The legs can be laterally or longitudinally deformed in various contemplated embodiments. In another approach, the anchor includes a mid-section defining a through hole and first and second ends which are twisted with respect to each other to close the hole about a connector.

In other aspects, the anchor can include a pair of spaced prongs joined together at a slot inception. Distal ends of the prongs are deformable to close the anchor about a connector. In yet another approach, the anchor can be formed by a single continuous wall defining a slot for accepting a connector. Lateral portions of the wall are deformable inwardly to securely engage the connector.

Other features and advantages will become apparent from the following detailed description, taken in conjunction with the accompanying drawings, which illustrate by way of example, the features of the various embodiments.

#### BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a perspective view of one embodiment of an anchor assembly that includes a distal anchor and a proximal anchor secured together by a suture;

FIGS. 2A-D are side views, depicting one embodiment of a deformable anchor assembly and structure for deforming the anchor;

FIGS. 3A-C are side views and a perspective view, depicting another embodiment of a deformable anchor assembly and structure for deforming the anchor;

FIGS. 4A-B are side views of yet another embodiment of a deformable anchor assembly;

FIG. 5 is a schematic representation, depicting one alternate approach to the anchor of FIGS. 4A-B;

FIG. 6 is a schematic representation, depicting another approach to the anchor assembly of FIGS. 4A-B;

FIGS. 7A-B are perspective views, depicting a longitudinal collapsible anchor;

FIGS. 8A-B are perspective views, depicting a still further approach to a deformable anchor;

FIGS. 9A-B are schematic representations, highlighting features of the anchor of FIGS. 7A-B;

FIGS. 10A-C include a perspective view and side views, depicting a further approach to a deformable anchor;

FIGS. 11A-C are perspective views, depicting yet a further approach to a deformable anchor;

FIGS. 12A-B are still yet another deformable side view, depicting a deformable anchor with deformable walls;

FIG. 13 is a side view of a deformable anchor with a orthogonally oriented tail portion;

FIG. 14 is a side view of the distal anchor with a orthogonally oriented tail portion of FIG. 14 attached to a connector; and

FIGS. 15A-F are partial cross sectional views of an anchor assembly of FIG. 1 being implanted through the prostate of an individual with Benign Prostatic Hyperplasia.

#### DETAILED DESCRIPTION

Turning now to the figures, which are provided by way of example and not limitation, the disclosed embodiments are embodied in anchor assemblies configured to be delivered within a patient's body. As stated, the disclosed embodiments can be employed for various medical purposes including but

not limited to retracting, lifting, compressing, supporting or repositioning tissues, organs, anatomical structures, grafts or other material found within a patient's body. Such tissue manipulation is intended to facilitate the treatment of diseases or disorders. Moreover, the disclosed embodiments have applications in cosmetic or reconstruction purposes, or in areas relating to the development or research of medical treatments. Referring now to the drawings, wherein like reference numerals denote like or corresponding components throughout the drawings and, more particularly to FIGS. 1-15, there are shown aspects of an anchor assembly.

In such applications, one portion of an anchor assembly is positioned and implanted against a first section of anatomy. A second portion of the anchor assembly is then positioned and implanted adjacent to a second section of anatomy for the purpose of retracting, lifting, compressing, supporting or repositioning the second section of anatomy with respect to the first section of anatomy, as well as for the purpose of retracting, lifting, compressing, supporting or repositioning the first section of anatomy with respect to the second section of anatomy. It is also to be recognized that both a first and second portion of the anchor assembly can be configured to accomplish the desired retracting, lifting, compressing, supporting or repositioning of anatomy due to tension supplied thereto via a connector assembly (e.g., suture) affixed to the first and second portions of the anchor assembly.

Certain of the contemplated approaches involve proximal anchors which are placed about a connector prior to its deformation and connection to the connector which thus can eliminate a risk of the proximal anchor not catching the connector. Certain approaches also can involve slow and controlled deformation which can lead to a desirable engagement between the anchor and connector. Further, steps can be taken to strengthen the lock between anchor and connector such as by cold working the anchor material during or after deformation.

In one embodiment of the anchor assembly, the anchor assembly is configured to include structure that is capable of being implanted within a patient's body. The anchor assembly may also be used in conjunction with a conventional remote viewing device (e.g., an endoscope) so that an interventional site can be observed.

In one embodiment, the anchor assembly can be placed at an intervention site using a delivery tool. One specific, non-limiting application of the delivery tool is for the treatment of benign prostatic hyperplasia. In this procedure, an implant is delivered to a prostatic lobe that is obstructing the urethral opening and restricting flow. The implant compresses the lobe, thereby increasing the urethral opening and reducing the fluid obstruction through the prostatic urethra.

Additionally, in one embodiment, the anchor assembly is embodied in a tissue approximation anchor (TAA). The tissue approximation anchor is an implant assembly that includes one tubular member (preferably comprised of Nitinol or other comparable material), referred to as the capsular anchor or, more generally, distal anchor 70. The distal anchor 70 is preferably connected by a suture 78 to a slotted, flattened-tubular member (preferably comprised of stainless steel), referred to as the urethral anchor or proximal anchor 84. In one specific, non-limiting embodiment, the distal anchor 70 is comprised of an electro-polished Nitinol (nickel titanium alloy SE508, 55.8% nickel) tube.

The tissue approximation anchor is designed to be useable in an office environment (in contrast to requiring a hospital environment). The delivery tool is used through a 19Fr introducer sheath size in one preferred embodiment, while in another embodiment a sheath size of 21F is employed. Addi-

tionally, the material selection and construction of the tissue approximation anchor still allows for a subsequent TURP procedure to be performed, if necessary. In this suture-based, tissue approximation technique, a needle delivery mechanism is used to implant a nitinol distal anchor **70** and attached connector or suture **78**. In one approach, the introducer sheath is first placed within a patient's urethra. An anchor housed within the delivery tool is then placed through the introducer sheath and a distal portion of the delivery tool is placed at the interventional site. Once the distal anchor **70** and attached suture **78** have been deployed, with the needle retracted and the suture **78** tensioned, the anchor **84** is pushed by the delivery tool and captures the suture **78** transverse to the anchor axis.

In one embodiment, the nitinol tube is attached to a USP size 0 PET (Poly Ethylene Terephthalate) monofilament suture **78** by thermally forming the suture to locking features on the distal anchor **70** (See FIG. 1). Referring again to the suture itself, the PET suture is a round monofilament extrusion/pulltrusion composed of a grade 8816 polyethylene terephthalate. Typically, the base material for the suture is annealed at approximately 191 degrees Celsius for approximately 5 minutes in a straight condition. In one non-limiting embodiment, the PET suture **78** has a diameter of 0.015 inches and a tensile strength greater than or equal to 6.0 pounds.

In one embodiment, as shown in FIGS. 2A-D, the anchor **84** includes a proximal end **86** defined by a cylinder and a distal end portion **88** that can assume both open and closed positions. The distal end **88** includes a pair of arms **90**, which are bent at their mid-points and connected at distal terminal ends thereof. An anchor delivery device can include a translatable sleeve **91** which can be moved relative to the anchor **84** to deform the arms **90** so that they assume a straightened configuration. When straightened, the arms **90** grip and deform the connector **78** configured therebetween. The interior structure of the arms **90** function to disrupt the surface of the connector **78**, both biting into the connector **78** as well as compressing the suture **78**. The anchor **84** can further include a slot inception **92** for registering and receiving the connector **78**. Deforming the arms **90** to a closed position captures the connector **78** within the slot inception **92**.

Notably, in one embodiment the anchor **84** is dimensionally relative to the diameter of the suture **78** such that it has sufficient gripping force to obviate the need for a securing end unit. Accordingly, in a preferred embodiment, a second or supplemental structure is not needed.

In one embodiment, shaped tube raw stock is used to produce the anchor **84** using slot/profile cutting. Specifically, in one embodiment the raw stock may be cut by laser, wire-EDM, or stamped from a flat and formed into a shape. In one non-limiting embodiment, the raw stock has a total height ranging from 0.020 inches to 0.025 inches, and has a total width ranging from 0.038 inches to 0.042 inches. Thus, this raw stock is flatter and wider than a purely round tube would be.

The inwardly facing structure of the arms **90** of the anchor **84** is configured to grasp and deform the suture **78**. It will be appreciated by those skilled in the art, that many variations such structure are possible for optimizing performance in different situations. Additionally, in some embodiments, the protrusions formed on opposite prongs may be of differing shapes. Such slot parameters include, by way of example only, and not by way of limitation: width, thickness, length, and profile. Optionally, the anchor assembly may be filled in with an RO material, or other therapeutic agent.

With reference to FIGS. 3A-C, in another embodiment, a proximal anchor **100** can be defined by proximal **102** and distal **104** tabs joined together at a center circular structure **106** with a hole **108** formed therethrough. The center circular structure **106** is contemplated to define deformable structure for capturing a connector. In use, a connector **78** can be threaded through the center hole **108**. A delivery device can include a longitudinally rotatable arm **110** with a slot **112** formed in a distal end thereof. The slot **112** is sized and shaped to receive the proximal tab **102**. The delivery device can further include a stabilizing block **114** configured to retain the distal tab **104**.

To securely attach a connector **78** to the proximal anchor **100**, the arm **112** is rotated so that the proximal tab **102** is in turn rotated with respect to the distal tab **104**. This action results in twisting the deformable members defining the center circular structure **106** about a connector **78** threaded there-through. In this way, the anchor **100** can be securely fixed to the connector. It should be recognized that the deformable structure of this embodiment can assume a myriad of other configurations that can be twisted about a connector.

As shown in FIGS. 4A-6, the proximal anchor **120** can also include longitudinally collapsible structure. In this embodiment, an anchor delivery apparatus (not shown) would include a driving member and a stop, between which the longitudinally collapsible anchor **120** can be deformed. Thus, the collapsible anchor **120** can include a proximal end **122** attached to a distal end **124** by a central collapsible framework **126**. The collapsible framework **126** can further be defined by a pair of spaced arms **128** which initially includes bends **130**. Longitudinal compression of the anchor **120** causes the arms **128** to collapse such that a first section of the arms **132** fold over a second section of the arms **134**.

As best seen in FIGS. 5 and 6, the arms **128** of the collapsible anchor **120** can have various configurations. That is, in a first approach (FIG. 5), a first section **132** of the collapsible arms **128** can have a longer length than a second section **134**. In other approaches, the arms **128** can have sections **132**, **134** having other relative lengths. For example, as shown in FIG. 6, the sections **132**, **134** can be approximately the same length. Thus, the collapsible nature of the anchor can be adjusted for a particular purpose so that a connector **78** can be best fixed to the collapsible anchor **120**.

Another approach to a longitudinally collapsible anchor **140** is shown in FIGS. 7A-B. Here, a midsection of the anchor **140** includes a series of longitudinally extending slots **142**. Members **144** configured between the slots **142** are designed to deform outwardly in response to forces which longitudinally collapse the anchor **140**. Such projections **146** can potentially aid in fixing the anchor **140** at an interventional site.

Turning now to FIGS. 8A-B and 9A-B, additional aspects of a proximal anchor **160** are presented. In this approach, the anchor **160** is defined by a solid bar or tube with a central opening **162** that can be closed when opposing forces are placed on ends of the anchor **160**. The central opening **162** can alternatively be closed about a connector (not shown) by convexly curved arms **164** defining the opening **162**. Thus, it is contemplated that an anchor delivery apparatus can include an extended arm or sleeve **166** that engages the curved arms **164** to translate a portion **168** thereof against a connector to form a secure attachment. The deformed arms **164** resists opening until a force greater than expected that a connector can provide is applied to the device.

Other contemplated deformable anchors **180** can assume a pin including a pair of spaced, deformable arms **182** (See FIGS. 10A-C and 11A-C). In these embodiments, the arms

## 11

**182** define a slot for receiving and securely affixing to a connector **78**. The arms **182** can be deformed in various ways. In a first approach, an anchor delivery apparatus can include a sleeve **186** including a pair of internally directed projections **188** for closing and deforming the legs **182** about a connector **78**. Distal terminal ends **188** of the legs **182** are permitted to flare away from each other. As shown in FIGS. **11A-C**, a deforming sleeve **190** can further include forming structure **192**, **194** which guides the distal terminal ends **187** of the arms to a closed position to eliminate the flares.

In yet another aspect, the deformable anchor **200** can include a single continuous wall **202** defining a perimeter of the anchor. An internal portion **204** of the anchor **200** is an open space. The wall **202** includes a pair of curved laterally extending structures **206** which present deformable structure. The wall **202** also defines a slot **208** for receiving a connector **78**.

To attach the anchor **200** to a connector **78**, it is contemplated that inwardly directed forces be applied to the laterally extending structures **206**. In one approach, the anchor **200** can be advanced through a delivery apparatus including a narrowed section **210** which engages the lateral walls **206** and deforms them inwardly about the connector. Such action reduces the slot to thereby facilitate the walls gripping the connector.

With each of the above described embodiments, a locking engagement with a connector **78** is achieved with a deforming anchor. Again, deformation of the anchor into locking engagement can be accomplished in various conventional approaches, such as including structure that transmits a force in lateral and longitudinal directions.

One embodiment of a distal anchor assembly **70** is depicted in FIGS. **13** and **14**. In its unconstrained configuration, the distal (e.g., capsular) anchor **70** includes a tubular (head) portion **72** which is generally orthogonally oriented to a tail portion **74**. It is to be noted, however, that while housed in a delivery assembly and prior to deployment at a target area, the distal anchor **70** is constrained to define a generally straight configuration, only subsequently assuming the unconstrained (i.e., orthogonally oriented) configuration upon deployment from a delivery device.

The distal anchor **70** is laser cut or wire EDM (electrical discharge machined) from a nitinol base stock that is generally-tubular in shape. The Nitinol distal anchor is shape-set to have a “flipping tail” and is electro-polished. The connector **78** is then attached to the distal anchor **70** as an adhesive free joint. Specifically, in one embodiment, the PET suture **78** is thermoformed onto locking features in the anchor **70**. The distal anchor **70** may be locally heated to re-flow the suture onto the end of the anchor **70** and into cutouts on the anchor **70**. Continuing, in one non-limiting embodiment, the post electro-polished distal anchor **70** has a 0.016 inner diameter and a 0.0253 outer diameter.

In one non-limiting embodiment, the tubular portion **72** of the distal anchor **70** includes a plurality of tabs **76** which can be deformed or deflected to accomplish affixing the distal anchor **70** to a suture **78**. It has been found that three such tabs **76**, two on one side of the tubular portion **72** and one on an opposite side, provide a sufficient connecting force and a desired balance between the suture **78** and distal anchor **70** and to move the distal anchor **70** by applying a force either in the proximal or distal direction. However, the distal anchor **70** may be attached to the suture **78** through any of several known techniques, such as by being attached to the distal end of the tubular portion **72**.

In another aspect of a non-limiting embodiment, it is contemplated that the distal anchor **70** can be laser cut from a tube

## 12

formed of Nitinol or other appropriate material. A mid-section **80** of the distal anchor **70** provides a structural transition from the tubular portion **72** to the tail portion **74**. As such, a portion of a side wall is removed in the mid-section area **80**. A further portion of the side wall is removed to define a connector section **82** of the tail **74** which extends from the mid-section **80**. In one embodiment, this connector section **82** includes a bend that creates the orthogonally oriented configuration. This connector section **82** acts as a barb or deflected strut to cause flipping (creating a “flipping tail”) and produce the relative unconstrained (orthogonally oriented) angle assumed between the tail **74** and tubular portion **72** of the distal anchor **70**. The recovered shape of the terminal end portion **83** of the anchor presents a transverse strut that engages tissue when the suture is tensioned.

Thus, in its pre-implanted form, the anchor assembly can include a distal anchor **70** (e.g., first anchor) whose initial engagement with a suture **78** is generally coaxial, and a proximal anchor **84** (e.g., second anchor) with an initial engagement being generally perpendicular with the suture **78**.

As stated above, an introducer sheath (not shown) can first be placed within a patient’s urethra for the purpose of facilitating access to a treatment site. The distal anchor **70** is “unsheathed” from the needle delivery mechanism once positioned for reliable deployment eliminating predicate distal suture. This results in an adjustable implant length. This distal anchor **70** configuration also provides increased yield and strength.

With reference now to FIGS. **15A-F**, in one particular, non-limiting use in treating a prostate, an elongate tissue access portion **404** of a delivery device **400** is placed within a urethra (UT) leading to a urinary bladder (UB) of a patient. The delivery device can be placed within an introducer sheath previously positioned in the urethra or alternatively, the delivery device can be inserted directly within the urethra. The patient is positioned in lithotomy. The elongate portion **404** is advanced within the patient until a leading end **410** thereof reaches a prostate gland (PG). In a specific approach, the side(s) (i.e., lobe(s)) of the prostate to be treated is chosen while the device extends through the bladder and the device is turned accordingly. The device is first positioned at the bladder neck and then retracted approximately 1 cm while keeping the device parallel to the prostatic fossa and preserving mucosa. The distal end of the elongate portion can be used to push the urethra into the prostate gland. The inside of the prostate gland (i.e., adenoma) is spongy and compressible and the outer surface (i.e., capsule) of the prostate gland is firm. By the physician viewing with the endoscope, he/she can push the urethra into the prostate gland compressing the adenoma and creating the desired opening through the urethra. To accomplish this, the physician pivots the tool laterally about the pubic symphysis, generally about 20 to 30 degrees (See FIG. **15A**). The physician then rotates the tool anterior between 9 and 10 o’clock for the patient’s side right lobe and between 2 and 3 o’clock for the patient’s side left lobe. Viewing through the endoscope, the physician wants to have about the same amount of tissue protruding on both sides of the elongate shaft (See FIG. **15B**).

At the leading end **410** of the delivery device, as shown in FIG. **15C**, a needle **430** carrying an anchor assembly is ejected into and through tissue. The needle assembly can be configured so that it curves back toward the delivery tool as it is ejected. In use in a prostate intervention, the needle assembly **430** is advanced through and beyond a prostate gland (PG). The delivery device can be rotated anteriorly to lift a prostatic lobe.

13

Upon withdrawal of the needle assembly **430** (See FIG. **15D**), the distal anchor **20** is left beyond the prostate (PG). Next, steps are taken to implant the proximal anchor **84** within the urethra (FIG. **15E**). Either a single anchor assembly or multiple anchor assemblies can be delivered and deployed at an intervention site by the deployment device (See FIG. **15F**). Additionally, a single anchor assembly component can for example, be placed on one side of a prostate or urethra while multiple anchor assembly components can be positioned along an opposite or displaced position of such anatomy. The number and locations of the anchor assemblies can thus be equal and/or symmetrical, different in number and asymmetrical, or simply asymmetrical placed. In the context of prostate treatment, the present invention is used for the compression of the prostate gland and the opening of the prostatic urethra, the delivering of an implant at the interventional site, and applying tension between ends of the implant. Moreover, drug delivery is both contemplated and described as a further remedy in BPH and over active bladder treatment as well as treating prostate cancer and prostatitis.

The disclosed embodiments contemplate both pushing directly on anchor portions of an anchor assembly as well as pushing directly upon the connector of the anchor assembly. Further, an anchor assembly can be delivered and deployed at an interventional site by a deployment device. Consequently, in the context of prostate treatment, the disclosed embodiments accomplish both compressing of the prostate gland and the opening of the prostatic urethra and applying tension between ends of the implant. Moreover, drug delivery is contemplated as a further remedy in BPH and over-active bladder treatment.

Once implanted, the anchor assembly of the disclosed embodiments accomplishes desired tissue approximation, manipulation, compression or retraction, as well as cooperates with the target anatomy to provide an atraumatic support structure. In particular, the shape and contour of the anchor assembly can be configured so that the assembly invaginates within target tissue, such as within natural folds formed in the urethra by the opening of the urethra lumen by the anchor assembly. In fact, in situations where the anchor assembly is properly placed, wispy or pillowy tissue in the area collapses around the anchor structure. Eventually, the natural tissue can grow over the anchor assembly, and new cell growth occurs over time. Such cooperation with target tissue facilitates healing and avoids unwanted side effects such as calcification or infection at the interventional site.

Furthermore, in addition to an intention to cooperate with natural tissue anatomy, the disclosed embodiments also contemplate approaches to accelerate healing or induce scarring. Manners in which healing can be promoted can include employing abrasive materials, textured connectors, biologics and drugs.

It has been observed that placing the anchors at various desired positions within the anatomy can extract the best results. For example, when treating a prostate, one portion of an anchor can be placed within a urethra. It has been found that configuring such anchors so that ten o'clock and two o'clock positions (when looking along the axis of the urethra) are supported or retained, effectively holds the anatomy open and also can facilitate invagination of the anchor portion within natural tissue. Typically, one to two pairs of anchor assemblies are implanted to create an anterior channel along the urethra within the prostate gland (FIG. **15F**). This is particularly true in the regions of anatomy near the bladder and the juncture at which the ejaculatory duct connects to the urethra.

14

Moreover, it is to be recognized that the foregoing procedure is reversible. In one approach, the connection of an anchor assembly can be severed and a proximal (or second) anchor component removed from the patient's body. For example, the physician can simply cut the connector and simultaneously remove the second anchor previously implanted for example, in the patient's urethra. It is to be recognized that various materials are contemplated for manufacturing the disclosed devices. Moreover, one or more components such as distal anchor **70**, proximal anchor **84**, suture **78**, of the one or more anchor assemblies disclosed herein may be designed to be completely or partially biodegradable or bio-fragmentable.

Further, as stated, the systems and methods disclosed herein may be used to treat a variety of pathologies in a variety of tubular structures comprising a cavity or a wall. Examples of such organs include, but are not limited to urethra, bowel, stomach, esophagus, trachea, bronchii, bronchial passageways, veins (e.g. for treating varicose veins or valvular insufficiency), arteries, lymphatic vessels, ureters, bladder, cardiac atria or ventricles, uterus, fallopian tubes, and the like.

Finally, it is to be appreciated that the invention has been described hereabove with reference to certain examples or embodiments, but that various additions, deletions, alterations and modifications may be made to those examples and embodiments without departing from the intended spirit and scope of the disclosed embodiments. For example, any element or attribute of one embodiment or example may be incorporated into or used with another embodiment or example, unless to do so would render the embodiment or example unpatentable or unsuitable for its intended use. Also, for example, where the steps of a method are described or listed in a particular order, the order of such steps may be changed unless to do so would render the method unpatentable or unsuitable for its intended use. All reasonable additions, deletions, modifications and alterations are to be considered equivalents of the described examples and embodiments and are to be included within the scope of the following claims.

The various embodiments described above are provided by way of illustration only and should not be construed to limit the disclosed embodiments. Those skilled in the art will readily recognize various modifications and changes that may be made to the disclosed embodiments without following the example embodiments and applications illustrated and described herein, and without departing from the true spirit and scope of the disclosed embodiments, which is set forth in the following claims.

What is claimed:

1. An anchor assembly for use in treating body tissue, comprising:

a distal anchor;

a connector; and

a proximal anchor, the proximal anchor including a deformable portion and a non-deformable portion spaced longitudinally from the deformable portion, the deformable portion including a first space defined by a first configuration of spaced legs with connected terminal ends at each end of the legs and sized to receive the connector; wherein legs are configured to collapse inwardly about the non-deformable portion in part or completely to a second space defined by a second configuration of spaced legs, the second configuration having a lateral width less than the lateral width of the first configuration and wherein the legs are configured to capture and deform the connector therebetween.



## 15

2. The anchor assembly of claim 1, wherein the legs can assume an open position and a closed position.

3. The anchor assembly of claim 2, wherein the legs include a bend positioned at a mid-section of the legs.

4. The anchor assembly of claim 1, wherein the anchor further including a slot inception. 5

5. The anchor assembly of claim 1, distal anchor comprising a laterally oriented tail.

6. The anchor assembly of claim 5, the distal anchor further comprising a tubular portion which is generally perpendicular to a tail portion. 10

7. The anchor assembly of claim 6, wherein the tubular portion includes tabs for affixing the distal anchor to the connector.

8. An anchor assembly, comprising: 15

a distal anchor;

a connector; and

a proximal anchor, the proximal anchor including a deformable portion, the deformable portion being defined by longitudinally collapsible structure, and a non-deformable portion spaced longitudinally from the deformable portion, the deformable portion including a closed space having a first lateral width defined by spaced legs sized to receive the connector; wherein legs are configured to include a bend prior to collapse and to collapse about the non-deformable portion to define a closed space having a second lateral width less than the first lateral width to capture and deform the connector therebetween. 20 25

9. The anchor assembly of claim 8, wherein the bend is at a midpoint of the legs. 30

10. The anchor assembly of claim 8, further comprising a first non-deformable portion and a second non-deformable portion, wherein the deformable portion is configured between the first and second non-deformable portions. 35

11. The anchor assembly of claim 10, wherein the legs include a bend positioned closer to the first non-deformable portion than the second non-deformable portion.

12. An anchor assembly, comprising: 40

a distal anchor;

a connector; and

a proximal anchor having a longitudinal dimension, the proximal anchor including a deformable portion, the deformable portion being defined by longitudinally col-

## 16

lapsible structure, and a non-deformable portion spaced longitudinally from the deformable portion, the deformable portion including a space defined by spaced legs sized to receive the connector; wherein a mid-section of the legs is configured to bend inward about the non-deformable portion with respect to the longitudinal dimension to capture and deform the connector therebetween.

13. The anchor assembly of claim 12, the deformable portion further including a plurality of slots defined by radially spaced longitudinal members.

14. The anchor assembly of claim 13, wherein the radially spaced members project laterally outward when the assembly is deformed longitudinally.

15. An anchor assembly for use in treating body tissue, comprising:

a distal anchor;

a connector; and

proximal anchor means for attaching to the connector, the proximal anchor means including a deformable portion and a non-deformable portion spaced longitudinally from the deformable portion, the deformable portion including a closed space defined by spaced legs with connected terminal ends and sized to receive the connector, wherein legs initially including a bend are configured to collapse inwardly about the non-deformable portion to define straightened members to capture and deform the connector therebetween.

16. An anchor assembly, comprising:

a distal anchor;

a connector; and

proximal anchor means for attaching to the connector and having a longitudinal dimension, the proximal anchor including a deformable portion, the deformable portion being defined by longitudinally collapsible structure, and a non-deformable portion spaced longitudinally from the deformable portion, the deformable portion including a closed space defined by initially bent and spaced legs sized to receive the connector, wherein legs are configured to bend inwardly about the non-deformable portion and generally perpendicular to the longitudinal dimension to capture and deform the connector therebetween.

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